



spring clean your body at boda

Colonic Hydrotherapy.
The ultimate internal detox.

**Jumpstart a new, healthier you
and get ready for summer.**

Colon hydrotherapy is for you if you want to:

- Kick start a slimming program
- Feel lighter and cleaner
- Improve your skin condition
- Improve mental clarity and energy
- Sort out constipation or IBS once and for all
- Improve digestion and eliminate bloating and flatulence
- Break the cycle of poor elimination and laxative dependency
- Re-educate the colon towards healthier peristalsis and more regular bowel movements
- Reinforce psychological resolve towards a healthier diet

boda
cleanse reshape shine



spring cleanse special

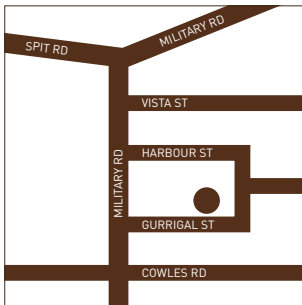
Mention this promotion and receive a complimentary detox sauna with your first colonic.

Boda maintains the strictest hygiene and safety standards, in a pristine, discreet environment. We use a gentle, closed system method, administered by a qualified Colon Hydro-therapist, professionally trained and accredited by the Australian Colon Hydrotherapy Association.

“At Boda we believe when you cleanse, you reshape and then you shine”

Call 9969 9013 to
arrange your booking
Visit boda.com.au

Members of the ACHA and ATMS



Open Monday to Saturday
6 Gurrigal St Mosman **9969 9013**
www.boda.com.au

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